2025 BYB Game Rules

1st & 2nd Grade:

Six (6) 4:00 minute quarters - continuous clock

- Please avoid substitutions during the quarter.
- One time out allowed in the last quarter only – 45 seconds
- Clock will stop on all whistles during last minute of game

Man/man defense only – no full court press – **no double teams**

- No steal off of dribble (steal passes only)
- No blocked shots. Defensive players should remain vertical.

All technical fouls = 2 shots + ball
No one/one free throws
Fouled in act of shooting = 1 point + 1 free throw
Fouled on made shot = basket + 1 free throw

3rd/4th Grade:

Four (4) 8:00 minute quarters - continuous clock

- The clock will stop on all whistles during the last minute of each half.
- One timeout per half – 45 seconds

Man/man defense only – proper help defense allowed (shell drill)

- **Stealing of the pass only in the 1st half.**
- **Stealing of the pass & dribble allowed in 2nd half.**
- Full court press for the last **2 minutes of the game..man to man only!**

All technical fouls = 2 shots + ball

- Two technicals in one game (player or coach) = ejection

One/one free throws after seven team fouls each half
Fouled in act of shooting = 1 point + 1 free throw
Fouled on made shot = basket + 1 free throw

5th/6th Grade:

Four (4) 8:00 minute quarters - continuous clock

- The clock will stop on all whistles during the last minute of each half.
- One timeout per half – 45 seconds

Man/man defense only – proper help defense allowed (shell drill)

- Full court press for the last **2 minutes of the game..man to man only!**

All technical fouls = 2 shots + ball

- Two technical fouls in one game (player or coach) = ejection

One/one free throws after seven team fouls each half
Fouled in act of shooting = 1 point + 1 free throw
Fouled on made shot = basket + 1 free throw